

Faith Christian Fellowship
Sunday, February 10, 2013

Fearless: Fear Tactics Insulating Yourself from Fear

TEXT: Psalm 34:4, 2 Cor 2:11

We are free from fear. Freedom from fear was a promise and it is part of our redemptive package. It is our FEARLESS nature in Christ by the Holy Ghost that empowers us to proclaim the Gospel. The enemy wants to keep us in fear for this reason, but we are NOT ignorant of his devices. Today we will look at some of the ways fear attacks, gets a hold of us & things we can do to insulate ourselves from fear.

❖ Fear Tactics

- **Shame/Condemnation** – Shame and Condemnation are always accompanied by fear. Gen 3:7,10; 1 Sam 12:20-24; Job 9:28-29
 - **FEARLESS** - Rom 8:1
- **Intimidation** and threats – 1 Sam 17:1, 8-11, 1 Sam 15:24
 - **FEARLESS** - People aren't your problem. (2 Cor 4:4, Eph 6)
 - The enemy is afraid of You Deut 2:4, 25, Rom 8:37
 - What has God said? Whose opinion *really* counts?
- **Isolation** The enemy uses fear to isolate 1 Samuel 17:1, 8-11
 - The Enemy seeks to divide and conquer. 1 Peter 5:8
 - Elijah– Driven away by fear and faith weakened 1 Ki 18:22
 - **FEARLESS** – Ecc 4:12 There is strength together Heb 10:24
- **Weak and Weary** – Fear is looking for an easy target. 2 Sam 17:2
 - **FEARLESS** – Maintain a GOOD diet of WORD. Matthew 4:4
- **Ignorance** --is not bliss it keeps you bound in fear 2 Sam 6:9
 - **Faith begins where the will of God is known. Fear resides where His will is not known or misrepresented**
 - **FEARLESS** - Go to Church, FMTI, Study Rom 10:17
- **LIES** - Listening to lies about God or your situation will bring fear Psalm 3:2; Gen 50:19-21
 - **FEARLESS** - Get to know His nature/heart and Fear Not
- **Spreads - Fear is an Airborne Virus** Gen 20:1-10; Dt 20:8
 - V8 Fear is contagious. It can be caught and it can be taught (be careful parents).
 - **FEARLESS** – Watch what you listen to and get away from Fear Mongers. Deut 20:8

❖ Fearing is a choice.

- God said, "Do not Fear." We don't have to. Dt 20:3, Gen 26:24
 - John 14:27 Jesus said, "**Let Not your heart be troubled, neither let it be afraid.**"
 - David choose to not fear "...I will not be afraid" Ps 3:3-6

- Fear is a choice Ps 27:3, Ps 46:2 Ps 118:6 Hebrews 13:6
- James 4:7 **Resist Fear** –realize who and whose you are.
 - The Enemy is terrified of you. Joshua 2:23-24 MSG
 - The kingdom of darkness is much more afraid of you than you are of them?
 - Fear has no place in you... you are redeemed. Set free from FEAR. Just like sickness tries to get on you... You resist it.
 - When fearful thoughts come your way, take them captive You can choose to FEAR NOT! 2 Cor 10:5; Phil 4:6-8

❖ Insulate yourself from fear.

- **Praise the Fear Away** Psalm 34:1-4, 2 Chr 20:3-4,15,17,20-22
 - The Enemy is Afraid of His Presence 1 Samuel 4:5-7
 - Continually magnifying the Lord and Praising him:
 - Invites more of His presence in. Psalm 22:3
 - Drives the enemy nuts and drives him away Psalm 68:2
 - Centers your thoughts on HIM and things of good report. Takes your thoughts captive. Phil 4:6-8 2 Cor 10:5
 - And increases your FAITH Romans 10:17
- **Congregate** You don't have to do it alone Heb 10:24-25
 - Together we will FEAR NOT 1 Sam 22:23
 - David encouraged Abiathar, & spoke against his fear
 - You must have people you can go to that will stand with you.
 - Church (surrounded by people on your side)
 - Ministry Leader's (talk to yours)
 - You Are Not Alone 1 King 18:22, 1 Kings 19:2-3
 - There are others dealing with and/or overcoming the same fears and pressures. Neh 4:10-20 Together we can stand against the enemy
- **Do it Afraid** – What if you do all this and still have symptoms of fear in your life or mind. Do it afraid. Judges 6:25-27
 - Will you obey God or bow to fear and rebel?
 - Obeying God yields more confidence in Him and His Word and insulates you from fear.
- **Follow God** Be Spirit led. He'll establish your heart Ps 112:5-8
 - Following what the HOLY GHOST says and applying the WORD will firm you up against fear.
- **RESIST** James 4:7 Submit to GOD. RESIST the devil and he will flee from you.
- **Know some stuff**
 - Next week. 4 Things you MUST know to live and stay free from FEAR!